

Sally James

Authentic

Chicken Balti

Tender pieces of chicken seasoned with herbs, spices, onions, fresh garlic & ginger. Smothered in a spicy sauce.

INFORMATION

Chicken Balti 350g

Chicken Balti Frozen Ready Meal

Ingredients

Onion, Cooked Chicken Breast (23%) (Contains: Chicken, Water, Corn Starch, Salt), Water, Tomato, Rapeseed Oil, Tomato Puree, Spices, Salt, Paprika, Garlic Puree, Herbs, Ginger Puree, Cornflour

Directions for Use

From frozen, place it in boiling water for 10-15 minutes; or 1900W Microwave Pierce pouch & place on a dish. Defrost for 6 minutes & reheat on full power for 1-2 minutes. Ensure the product is thoroughly heated before serving.

Storage Instructions

-18°C or below, Once defrosted do not re-freeze

Suitability

Lactose intolerance suitable: Yes

Coeliacs suitable: Yes

Allergens

May Contain hazelnut nuts, walnut nuts, cashew nuts, pecan nuts, brazil nuts, pistachio nuts, macadamia nuts, Queensland nuts, palm oil.

The information above is correct at the time of publishing (August 2021)

"take care, stay safe, rely on me!"

Sally