

Sally James

Authentic Chicken Jalfrezi

Diced chicken, mixed sliced peppers & large onions. Enhanced with a medium to hot blend of aromatic spices.

INFORMATION

Chicken Jalfrezi 350g

Chicken Jalfrezi Frozen Ready Meal

Ingredients

Cooked Chicken Breast (26%) (Contains: Chicken, Water, Corn Starch, Salt), Onion, Water, Capsicum, Tomato Puree, Rapeseed Oil, Spices [MUSTARD], Ginger Puree, Garlic Puree, Lemon Juice, Coriander, Salt, Turmeric, Herb, Cornflour, Chilli Puree, Sugar

Directions for Use

From frozen, place it in boiling water for 10-15 minutes; or 1900W Microwave Pierce pouch & place on a dish. Defrost for 6 minutes & reheat on full power for 1-2 minutes. Ensure the product is thoroughly heated before serving.

Storage Instructions

-18°C or below, Once defrosted do not re-freeze

Suitability

Lactose intolerance suitable: Yes

Coeliacs suitable: Yes

Allergens

Contains Mustard

May Contain hazelnut nuts, walnut nuts, cashew nuts, pecan nuts, brazil nuts, pistachio nuts, macadamia nuts, Queensland nuts, palm oil.

The information above is correct at the time of publishing (August 2021)

"take care, stay safe, rely on me!"

Sally