

Sally James

Authentic

Chicken Tikka Masala

A British classic with tender chicken breast marinated and cooked in traditional Tikka spices served in a tomato based sauce finished with cream and coriander

INFORMATION

Chicken Tika Masala 350g

Chicken Tika Masala Frozen Meal Ready in Minutes

Ingredients

Yogurt [MILK], Tomato Puree, Rapeseed Oil, Single Cream [MILK], Sugar, Spices (Contains: Black Chickpea Powder) [MUSTARD], Cornflour, Garlic Puree, Herbs, Coconut Cream, Salt, Ginger Puree, Ghee [MILK], Tandoori Paste (Contains: Water, Salt, Rapeseed & Cotton Seed Oil, Chilli, Coriander, Cumin, Lentil Flour, Garlic Puree, Ginger Puree, Turmeric, Aniseed, Fenugreek, Clove, Cinnamon, Bay Leaf, Colour E172), Chicken Bouillion (Contains: Salt, Potato Starch, Palm Oil, Maltodextrin, Natural Flavourings, Chicken Fat, Sugar, Yeast Extract, Chicken Extract, Chicken, Carrot, Sage, Spices [CELERY])

Directions for Use

From frozen, place it in boiling water for 10-15 minutes; or 1900W Microwave Pierce pouch & place on a dish. Defrost for 6 minutes & reheat on full power for 1-2 minutes. Ensure the product is thoroughly heated before serving.

Storage Instructions

-18°C or below, Once defrosted do not re-freeze

Suitability

Lactose intolerance suitable: Yes

Coeliacs suitable: Yes

Allergens

Contains Mustard, Celery Celeriac, Milk, Palm Oil

May Contain hazelnut nuts, walnut nuts, cashew nuts, pecan nuts, brazil nuts, pistachio nuts, macadamia nuts, Queensland nuts, palm oil.

The information above is correct at the time of publishing (August 2021)

"take care, stay safe, rely on me!"

Sally